

# *2017-2018 Richland High School Cheerleading Tryout Packet Checklist (Cover Page)*

Complete this page and turn in as the cover page of your packet.

Name \_\_\_\_\_ Grade for 2017-2018 School Year: \_\_\_\_\_

Check One:

Varsity/JV Cheerleader Candidate \_\_\_\_\_

Freshman Cheerleader Candidate \_\_\_\_\_

Candidate and parent must both initial the following boxes if you have read, understand, agree to, and filled out the information provided on each page.

## To be turned in by Friday, February 17, 2017:

\_\_\_\_\_/\_\_\_\_\_ Recent photo attached to back of application

\_\_\_\_\_/\_\_\_\_\_ RHS Cheerleading Candidate Application Form

\_\_\_\_\_/\_\_\_\_\_ RHS Cheerleading Medical Release Form

\_\_\_\_\_/\_\_\_\_\_ RHS Cheerleader/Mascot Waiver Form

\_\_\_\_\_/\_\_\_\_\_ Candidate/Parent Commitment Form

\_\_\_\_\_/\_\_\_\_\_ Copies of 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> 6-weeks (3 total)

\_\_\_\_\_/\_\_\_\_\_ Candidate Discipline Form (must be given to Assistant Principal by Wednesday, February 1<sup>st</sup>)

\_\_\_\_\_/\_\_\_\_\_ Teacher Recommendation Forms (must be given to all teachers by Wednesday, February 1<sup>st</sup>)

For your records:

\_\_\_\_\_ Letter from Sponsor

\_\_\_\_\_ RHS Cheerleading Contacts

\_\_\_\_\_ RHS Cheerleading Tryout Information

\_\_\_\_\_ RHS Cheerleading Payment Schedule

\_\_\_\_\_ RHS Cheerleading Practice Schedule

\_\_\_\_\_ Judges' and Academic/Discipline Sample Scoring Sheets

\_\_\_\_\_ Extracurricular Honor Code

\_\_\_\_\_ Birdville ISD Cheerleader/Mascot Constitution

Dear Parents/Guardians,

Your child is interested in becoming a member of the Richland High School cheerleading squad for the 2017-2018 school year. If selected, your child must assume specific responsibilities and obligations in order to qualify and remain part of the squad.

Please read the attached pages carefully. These pages provide insight on the rules and regulations which govern RHS cheerleading.

The approximate cost for each cheerleader is in the range of \$800.00 - \$1,800.00. This amount includes the required uniforms, summer cheerleading camp, camp uniforms, and activity fee, and possible additional fees throughout the year including, but not limited to, stunt camps, outside cheerleading classes, personal items, etc. Fundraisers will be available to offset these costs.

Being a high school cheerleading parent requires not only a financial commitment but also a large time commitment. Cheerleaders will be required to attend summer camp, scheduled summer practices, practices before and/or after school during the school year, outside cheerleading classes, and various school events.

After reading and fully understanding the rules and regulations which govern RHS cheerleading, please discuss with your child the responsibilities and time commitment expected of RHS cheerleaders. If your child fully understands what is expected of her/him as a high school cheerleader and chooses to tryout for cheerleading, please complete all the forms included in this packet and return them to **Justine Isbell**, Varsity Cheer Sponsor, no later than **Friday, February 17, 2017**.

Being a member of the RHS Cheerleading Squad has many rewards and is a valuable experience that your child will remember for a lifetime. We wish you a very positive experience. We appreciate your time and support.

Sincerely,

**Richland High School Cheerleading Sponsors**

Justine Isbell, Varsity  
Tess Flynn, Junior Varsity  
Christine Endsley, Freshman

# *Richland High School Cheerleading Contacts*

## *Richland High School*

Attn: RHS Cheerleading; Justine Isbell  
5201 Holiday Lane East  
North Richland Hills, TX 76180

### *Justine Isbell*

Varsity Cheer Sponsor  
Office Phone: 817.547.7227  
Email: justine.isbell@birdvilleschools.net

### *Tess Flynn*

JV Cheer Sponsor  
Office Phone: 817.547.7619  
Email: tess.flynn@birdvilleschools.net

### *Christine Endsley*

Freshman Cheer Sponsor  
Office Phone: 817.547.7416  
Email: christine.endsley@birdvilleschools.net

# ***RHS Cheerleading Tryout Information***

**Who:** Anyone entering grades 9-12 that meets the BISD eligibility requirements

**When:** Mandatory Parent/Candidate Meeting: **Tuesday, January 31st @ 6:00pm**, RHS Omni Room

Tryout Practices: **Monday & Tuesday, March 6<sup>th</sup> and 7<sup>th</sup> 4:45pm – 7:30pm**, RHS Dance Room. During tryout practice, candidates will learn a dance, cheer, and technical skills. Candidates **MUST** attend every tryout practice to be eligible to tryout. Practices are **CLOSED** to the public. Excused absences and extenuating circumstances must be approved by Mrs. Isbell in advance.

Mock Tryouts: **Wednesday, March 8<sup>th</sup> 3:30pm – 6:15pm**, RHS Dance Room

Tryouts: **Thursday, March 9<sup>th</sup> 7:30pm @ Birdville High School (arrive @ 7:00pm)**  
Tryouts will be closed to the public (no parents or family/friends allowed in the gym). Results will be posted on Friday, March 10<sup>th</sup>.

Mandatory Parent Meeting for NEW 2016-2017 RHS Cheerleaders: **Tuesday, March 21<sup>st</sup> @ 6:30pm**, RHS Omni Room. **A \$250 deposit will be made at this meeting (This deposit secures a spot at camp as well as uniforms).**

**Where:** Mandatory Parent/Candidate Meeting: RHS Omni Room  
Tryout Practices and Mock Tryouts: RHS Dance Room  
Tryouts: Birdville High School  
Mandatory Parent Meeting for NEW 2017-2018 RHS Cheerleaders: RHS Omni Room

**What to Wear:** Tryout Practice and Mock Tryouts: You must wear navy shorts, a plain white shirt, red bow and athletic shoes. Crop tops and sports bras are not allowed to be worn by themselves. **NO JEWELRY, GUM, OR NAIL POLISH** during practice or auditions. Your hair must be in a ponytail.

Tryouts: You must wear navy shorts, a plain white shirt, red bow and athletic shoes. **NO JEWELRY, GUM, OR NAIL POLISH.** Hair must be in a secured ponytail with bangs pinned out of your eyes. Your makeup should be darker than what you wear on a daily basis (heavy blush, mascara, eyeliner, eye shadow and pink or red lipstick).

## JUDGES' SHEET FOR CHEERLEADER TRYOUTS

RATE ON A SCALE OF 1 (LOW) to 10  
(HIGH) (70% OF EACH CANDIDATE'S  
TOTAL SCORE)

CANDIDATE NUMBER	POINT VALUE	
*TUMBLING TECHNIQUE	10 PTS	
*TUMBLING DIFFICULTY	10 PTS	
JUMP FLEXIBILITY (Height, Spread)	5 PTS	
JUMP TECHNIQUE (Execution, Control)	10 PTS	
APPEARANCE (Neatness)	5 PTS	
SPIRIT AND ENTHUSIASM	10 PTS	
VOICE AND PROJECTION	10 PTS	
CHEER MOTION TECHNIQUE (Sharpness, Rhythm, Timing)	10 PTS	
KNOWLEDGE OF CHEER	10 PTS	
DANCE TECHNIQUE* Form, Sharpness, Rhythm, Timing	10 PTS	
KNOWLEDGE OF DANCE*	10 PTS	
<b>TOTAL SCORE</b>		

\*Members will be held accountable to use tumbling skills demonstrated during tryouts at cheerleading functions, with or without mats.

Updated 12/2016

# *RHS Cheerleading Candidate Application*

Grade for 2017 – 2018 School Year (check one): 12th \_\_\_\_ 11th \_\_\_\_ 10th \_\_\_\_ 9th \_\_\_\_

Current School \_\_\_\_\_

## CANDIDATE:

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ T-shirt Size: \_\_\_\_\_

## PARENT/GUARDIAN:

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

## EMERGENCY CONTACT:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

**All candidates:** Please attach a recent photo of yourself to the back of this form. Please note: your photo **will not** be returned.

# *Richland High School Cheerleading Medical Release Form*

This is required for participation in tryouts for the 2017-2018 RHS Cheer Squad if you **do not** have a current physical on file with the school.

(Note: If selected for a cheer squad, a complete athletic physical is required for the 2017-2018 school year).

## **Medical Release:**

To the best of my knowledge,

\_\_\_\_\_ (cheerleader candidate) is physically capable to participate in the strenuous activities associated with Richland High School Cheerleading Tryouts and, if selected as a member of the cheer squad, may continue to practice until May 1, 2017.

\_\_\_\_\_  
Physician's Name (please print)

\_\_\_\_\_  
Physicians Signature

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Date

# *Richland High School Cheerleader/Mascot Waiver Form*

I am fully aware of the risk, including the risk of catastrophic injury, paralysis and even death, as well as damages and other losses associated with participating in cheerleading activities and events. I further agree that Richland High School and the coaches, along with employees, agent officers, and directors, shall not be held liable for any losses or damages occurring as a result of my participation in the event, except where such loss or damage is the result of the intentional or reckless conduct of the school or individuals involved.

I also give permission for a health center or hospital to administer necessary immediate aid to my child (please print) \_\_\_\_\_ should she/he become injured or sick during any cheerleading/mascot related activity for the 2017-2018 school year, and do so without having to wait until we are contacted.

\_\_\_\_\_  
Cheerleader/Mascots Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardians Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Name (please print)

\_\_\_\_\_  
Home Phone

\_\_\_\_\_  
Insurance Company

\_\_\_\_\_  
Policy Number

\_\_\_\_\_  
Family Doctor

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Please List Any Medical Allergies

Person to notify other than parent/guardian in case of an emergency:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Phone Number



## *Richland High School Cheerleading Payment Plan Schedule*

<i>Date</i>	<i>Amount Due</i>
Tuesday, March 21 <sup>st</sup> <b>Parent Meeting, RHS Omni Room</b>	\$250 **Checks only, please
Tuesday, April 18 <sup>th</sup>	\$250
Tuesday, May 16 <sup>th</sup>	\$250 or amount that fulfills a <b>minimum of 50%</b> of total account balance
Tuesday, June 13 <sup>th</sup>	\$250
Tuesday, July 11 <sup>th</sup>	\$250
Monday, August 21 <sup>st</sup> (First Day of School)	<b>Remaining Balance</b>

Note: Upon making the squad, the above financial plan will be enforced to ensure the timely payment of cheerleading dues. These payments are minimums only and the account balance can be paid off at any time. This payment plan is to show that a payment of \$250/month is required until your balance is paid off – it does NOT indicate that there will be a minimum of five \$250 payments; your balance may be less than this, so you will complete your payments sooner than August.

**A minimum of 50% of the account balance must be paid by May 16, 2017, and the total balance must be paid by August 21, 2017.**

# *Richland High School Cheerleading Practice Schedule*

Below are the scheduled practice times for the remainder of the spring semester and the summer practices for camp and pre-season preparation. These practices & events are **MANDATORY**. Please make note of these dates and adjust your schedules accordingly.

<i><b>Date</b></i>	<i><b>Activity</b></i>	<i><b>Location</b></i>	<i><b>Time</b></i>
Wednesday, March 22 <sup>nd</sup>	Uniform/Clothes Fitting	RHS, Room ST221	4:30pm – 6:00pm
Thursday, March 23 <sup>rd</sup>	Practice	Dance Room	4:15pm – 6:00pm
Tuesday, March 28 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Thursday, March 30 <sup>th</sup>	Practice	Dance Room	4:15 – 6:00pm
Tuesday, April 4 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Thursday, April 6 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Tuesday, April 11 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Thursday, April 13 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Tuesday, April 18 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
	Softball Game	RHS SB Field	TBA
Thursday, April 20 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Tuesday, April 25 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Thursday, April 27 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Tuesday, May 2 <sup>nd</sup>	Practice	Dance Room	4:15pm – 6:00pm
Thursday, May 4 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Tuesday, May 9 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Thursday, May 11 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Tuesday, May 16 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Thursday, May 18 <sup>th</sup>	Practice	Dance Room	4:15pm – 6:00pm
Thurs – Sun, June 8 <sup>th</sup> – 11 <sup>th</sup>	<b>CHEER CAMP</b>	<b>SMU</b>	<b>ALL DAY</b>
Mon – Thurs, July 31 - Aug 4	Practice	Dance Room	9:00am – 11:30am
Mon – Thurs Aug 7 - 10	Practice	Dance Room	9:00am – 11:30am
Friday, August 18	Practice	Dance Room	9:00am – 11:30am

# *Special Instructions for Teacher Recommendation Forms and Candidate Discipline Form*

## Teacher Recommendation Form

Attached with this packet is a copy of the Teacher Recommendation Form that will factor into your Academic/Discipline Score. All teacher evaluations will be averaged to form one (1) Teacher Evaluation score. **Each candidate needs to make copies of this form** and deliver to each of their teachers for the 2016-2017 school year by **Wednesday, February 1<sup>st</sup>**.

**DO NOT TAKE A COMPLETED FORM BACK FROM A TEACHER. IT WILL NOT BE ACCEPTED. THE FORM MUST BE DELIVERED BY THE TEACHER!**

Incoming Freshmen: Your teachers can deliver the forms to your school secretary to be sent to Mrs. Justine Isbell at RHS through intercampus mail.

## Candidate Discipline Form

Attached with this packet is a copy of the Discipline Form. Each candidate is responsible for giving this form to his or her Assistant Principal to complete. The completed form requires an Assistant Principal and candidate signature.

**All students must submit this form to their Assistant Principal by  
Wednesday, February 1<sup>st</sup>.**

Current RHS students: Forms should be given to Betsy Thompson in the AP Office. Incoming Freshmen: Your Assistant Principals can deliver the form to Mrs. Thompson at RHS through intercampus mail.



# BISD High School Cheerleading Teacher Evaluation Form

The student listed below is auditioning to become a **2017-18** high school cheerleader. You currently teach this student in one or more courses. Thank you for taking a moment to complete this evaluation for this student and return it to the cheer sponsor's mailbox. Since this evaluation will count as a portion of the student's overall audition score, it is very important you give an honest and fair evaluation based on their performance in your class or classes. This evaluation should align with student's report card conduct grades. *Your evaluation will be kept confidential to the extent possible.*

Please complete this form and return it to the cheer sponsor's box no later than **February 17<sup>th</sup>**. Please **do not** give the completed form back to the student!

Student: \_\_\_\_\_

Grade: 8 9 10 11

Teacher: \_\_\_\_\_ Date the form was received from student: \_\_\_\_\_

**Please rate the student on each of the following expectations:**

**Expectations:**

**Meets expectations:** (Please check the appropriate box)

- Arrives to class in a timely manner:  Almost Always  Most of the Time  Seldom
- Show respect to authorities:  Almost Always  Most of the Time  Seldom
- Completes assignments, fulfills contracts:  Almost Always  Most of the Time  Seldom
- Accepts constructive criticism:  Almost Always  Most of the Time  Seldom
- Assumes responsibility:  Almost Always  Most of the Time  Seldom
- Is motivated to achieve:  Almost Always  Most of the Time  Seldom
- Has good work habits; is disciplined:  Almost Always  Most of the Time  Seldom
- Has positive sense of self:  Almost Always  Most of the Time  Seldom
- Shows respect for classmates:  Almost Always  Most of the Time  Seldom
- Is a positive role model for others:  Almost Always  Most of the Time  Seldom

**Please check one:**

I  Recommend  Recommend with reservation  Do not recommend that this student is a good candidate for BISD Cheerleading.

**Teacher's Statement**

Special consideration should be given to this student because:

Signature \_\_\_\_\_

Date \_\_\_\_\_

**RETURN TO:** \_\_\_\_\_

**Richland High School  
Cheerleading  
Candidate Discipline Record**

Candidate Name \_\_\_\_\_ Current Grade \_\_\_\_\_

**Note for Middle School Assistant Principals:** Please send this completed form by inner school mail to RHS (002)/Thompson by Wednesday, February 1st. RHS will compile the AP score. Please do not return this form to the candidate. Thank you for your assistance with cheerleading tryouts.

**Discipline Referrals**

**Action Taken**

\_\_\_\_\_ No discipline referrals for the 2016 – 2017 school year.

\_\_\_\_\_  
Assistant Principal Signature

\_\_\_\_\_  
Student Signature

**ACADEMIC / DISCIPLINE SCORE**  
(30% OF EACH CANDIDATE'S TOTAL SCORE)

CANDIDATE NO.	POINT VALUE	STARTING SCORE OF 100
<b>GRADES</b>	-8 for each F -2 for each C  (For AP classes and Pre Calculus) -1 for each C -2 for each F	
<b>TEACHER EVALUATIONS</b>	Average of all forms Max deduction: 60 pts	
<p style="text-align: center;"><b>REFERRALS</b></p> <p>Assistant Principals will do this scoring. Their decision is final.</p>	<p>-5 for each referral</p> <p>-5 points for Friday Night School, Saturday School or ISS</p> <p>-10 points for suspension</p> <p>-10 points for each violation of the Extracurricular Honor Code</p> <p>-20 points for resignation from previous year's cheerleading squad</p> <p>-20 points for removal from previous year's cheerleading squad</p> <p>-20 for DAEP placement</p> <p>Disqualified for JJAEP placement</p>	
<b>TOTAL SCORE</b>		

## Richland High School Cheerleading Tryout Candidate Commitment:

I have read the following information completely: BISD Cheerleader/Mascot Constitution, BISD Extracurricular Activity Honor Code, RHS Cheerleader/Mascot Guidelines. I understand the responsibilities and privileges of being a Richland High School Cheerleader, and will abide by these rules and regulations to the best of my ability.

I will cooperate fully with the coach and all persons and organizations concerned to promote spirit and good sportsmanship.

At all times, whether at school or away from school, I will conduct myself in a manner that best represents the students and faculty of Richland High School.

\_\_\_\_\_  
Signature of Candidate

\_\_\_\_\_  
Date

### Parent Commitment:

I/We, \_\_\_\_\_, the parent(s) of \_\_\_\_\_, give my/our permission for our child to try out for a position on the RHS Cheerleading Squad. We have read and understand the following documents: BISD Cheerleader/Mascot Constitution, BISD Extracurricular Activity Honor Code and the RHS Cheerleader/Mascot Guidelines for the school year and accept the rules and regulations. We will also encourage our child to be a leader and example of good character as a representative of Richland High School.

I/We also understand that the financial obligations that I/we must fulfill if my/our child qualifies for the team is in the range of \$800- \$1800. Such items include camp expenses, uniforms, private gym classes, and other items used by my/our child during the year. I/We are willing to provide these things as they become necessary. I/We understand and agree to the payment plan included in this packet and know that my account balance must be paid by the first day of school in August to avoid my child's probation.

I/We understand that failure to follow the rules and regulations of the BISD Cheerleader/Mascot Constitution, Extra Curricular Honor Code, and RHS Cheerleader/Mascot Guidelines will result in suspension or dismissal from the squad.

Should my/our child be selected, I/we understand that my/our child must have a current UIL Medical History and Physical Examination Form on file with the coach.

\_\_\_\_\_  
Signature of Parent

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent

\_\_\_\_\_  
Date